

## 01/28/24 North West Bench Press Championships 2024

Classic Bench Press	Name		Div	Bwt - kg	IPF Wt Cls	BP-1	BP-2	BP-3	Best BP	F'cast Place	IPF GL Points	Qualified for SA Raw Bench
Women - Subjunior	Charne Herman		F-SJ-U	62,80	63	-50,0	-50,0	-50,0	0,0		0,00	
Women - Open	Farzana Botha		F-O-U	53,25	57	65,0	67,5	70,0	70,0	1	65,64	Q
	Gabrielle Hussain		F-O-U	53,70	57	25,0	30,0	-35,0	30,0	2	27,94	
	Lize-Mari de Beer		F-O-U	82,35	84	57,5	62,5	65,0	65,0	1	48,74	Q
Men - Subjunior	Alex Collocott		M-SJ-U	68,90	74	90,0	97,5	-100,0	97,5	1	54,03	Q
	Henre Boonzaaier		M-SJ-U	70,00	74	75,0	80,0	-82,5	80,0	2	43,95	
	Jhanco Viljoen		M-SJ-U	81,40	83	120,0	125,0	-130,0	125,0	1	63,42	Q
	Arne Botes		M-SJ-U	102,50	105	120,0	127,5	132,5	132,5	1	60,00	Q
Men - Open	Caneous Mdluli		M-O-U	68,60	74	105,0	0,0		105,0	1	58,32	
	Tom Endenburg		M-O-U	71,50	74	95,0	105,0	-115,0	105,0	2	57,03	
	Brandon Steele		M-O-U	81,05	83	100,0	110,0	-120,0	110,0	1	55,93	
	Nick Duarte		M-O-U	97,70	105	165,0	175,0	180,0	180,0	1	83,38	Q
	Craig Masson		M-O-U	115,40	120	165,0	175,0	180,0	180,0	1	77,24	Q
	Newton (Tony) Mudau		M-O-U	127,90	120+	145,0	155,0	165,0	165,0	1	67,77	Q
Men - Master 1	Craig Masson		M-M1-U	115,40	120	165,0	175,0	180,0	180,0	1	77,24	Q
	David Preskovsky		M-M1-U	111,50	120	100,0	110,0	125,0	125,0	2	54,46	Q
	Newton (Tony) Mudau		M-M1-U	127,90	120+	145,0	155,0	165,0	165,0	1	67,77	Q
Men - Master 2	Yaniv Lacob		M-M2-U	71,30	74	105,0	110,0	-115,0	110,0	1	59,84	Q
	Nicholas Ingel		M-M2-U	105,00	105	85,0	105,0	107,5	107,5	1	48,13	Q
	Hermanus de Beer		M-M2-U	114,90	120	130,0	140,0	152,5	152,5	1	65,56	Q
Exhibition	Judah Penn		M-Y-U	25,40	30	10,0	12,5	15,0	15,0	1	14,54	

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Equipped Bench Press	Name		Div	Bwt - kg	IPF Wt CIs	BP-1	BP-2	BP-3	Best BP	Place	IPF GL Points	Qualified for SA Equipped Bench
Women - Subjunior	Charne Herman		F-SJ	62,80	63	30,0	35,0	45,0	45,0	1	27,21	Q
Women - Open	Farzana Botha		F-O	53,25	57	65,0	70,0	<del>72,5</del>	70,0	1	47,59	Q
	Lize-Mari de Beer		F-O	82,35	84	70,0	75,0	77,5	77,5	1	40,78	Q
Men - Open	Craig Masson		M-O	115,40	120	165,0	200,0	210,0	210,0	1	62,67	Q
	John Crain		M-O	126,60	120+	205,0	215,0	<del>225,0</del>	215,0	1	62,14	Q
Men - Master 1	Craig Masson		M-M1	115,40	120	165,0	200,0	210,0	210,0	1	62,67	Q
Men - Master 2	Yaniv Lacob		M-M2	71,30	74	105,0	110,0	<del>115,0</del>	110,0	1	44,27	Q
	Nicholas Ingel		M-M2	105,00	105	85,0	<del>115,0</del>	<del>115,0</del>	85,0	1	26,39	
	Hermanus de Beer		M-M2	114,90	120	152,5	165,0	175,0	175,0	1	52,31	Q
	John Crain		M-M2	126,60	120+	205,0	215,0	<del>225,0</del>	215,0	1	62,14	Q